

Adirondack Mt. Club
Sebago Beach 3/SB3

Harriman State Park

Bathing Beach Safety
Plan

Rev'd 7/09

Procedures for Daily
Supervision Level IV
Rules and Regulations

Bathing at the camp is restricted to members and their guests. Uninvited hikers should be asked to leave immediately. The Host should be notified if there is a problem.

Supervision Level IV includes a combination of daily monitoring, posting required warning signs, providing members and their guests with the required rules in writing, enforcing all rules, providing conveniently located emergency communication and providing required safety equipment. To be in compliance with Supervision Level IV requirements, all of these components must be in place. Please refer to SSC/State Sanitary Code Section 6-2.17(a)(10).

Club members are required to see that the rules are being followed.

Daily inspections of the beach area are necessary to assure that adequate safety levels are maintained. Any

problems, such as unsafe water conditions, broken equipment, loose ladders, etc. are to be reported and immediately corrected. If the problem cannot be immediately corrected, the specific area or entire beach should be closed, as appropriate.

Host or Designee is responsible for performing the daily compliance check (including safety equipment, water conditions, and hazard checks) prior to the beach opening each day.

The Host or Designee will monitor the bathing facilities 1 – 2 times/day by signing the log book at the dock.

Host or designee will maintain the daily log and report all unsafe conditions to the Camp Chair, or a Board member.

☐ Supervision Level IV facilities must post specific beach rules which state: · Two or more adults (18 years or older) must be present at the beach when beach is in use, with at least one adult on the beachfront. · Children less than 16 years must at all times be accompanied by a parent or guardian or similar adult responsible for their

safety and behavior while at the bathing facility. · Swim only within the designated bathing area. ·

Members have been provided with this brochure before they use the bathing facility. Please refer to SSC Section 6-2.17(a)(vii). ☐ This Bathing Beach Safety Plan will be given to all members upon acceptance, posted on the Club web site www.adkny.org, and published annually in the Club newsletter: The Trail Marker. ☐ In drowning investigations at Supervision Level IV facilities, failing to provide patrons with the written statement or brochure has been documented in many of the incidents

Bathing is permitted from sun up to sundown (not swimming is permitted after sundown) as long as all rules regarding supervision and safety are followed, e.g., sufficient number of adults present, etc.

The general rules are posted at the waterfront and Main Lodge. These rules prohibit urination, discharge of fecal matter, spitting and nose blowing. No running or horseplay is allowed at the waterfront.

Host, designee and all members are responsible for enforcing the rules of the camp.

Environmental Conditions

Environmental conditions must be constantly evaluated at the waterfront. Conditions which may require that the waterfront be cleared of bathers include: unsanitary water conditions, high turbidity, glare, thunderstorms, heavy rains or hailstorms, fog resulting in reduced visibility, heavy or high wave action, and dangerous currents.

Lightning Tips

The National Lightning Safety Institute recommends that bathing facilities monitor storm activities and suspend swimming activities when lightning is within 6-8 miles and wait until 30 minutes after lightning has been observed before resuming water activities. The responsible adult on the waterfront person should keep an eye on the weather. Use a "weather radio" or the Weather Channel or other TV program to obtain good localized advanced weather information. When thunder and/or lightning are first noticed, use the Flash-To-Bang (F-B)

method to determine its rough distance and speed. This technique measures the time from seeing lightning to hearing associated thunder. For each five seconds from F-B, lightning is one mile away. Thus, a F-B of 10 = 2 miles; 15 = 3 miles; 20 = 4 miles; etc. At an F-B count of thirty, the beach should be evacuated. People should be directed to safe shelter nearby. Swimming activities should remain suspended until thirty minutes after thunder and lightning were last observed

When unsafe conditions occur, the responsible adult at the waterfront or Host is responsible for monitoring waterfront closure at the camp. At a F-B count of thirty, the waterfront will be evacuated. When the waterfront is to be cleared, the person responsible will call out: "Unsafe condition. Clean the waterfront immediately!"

Swimming activities should remain suspended until thirty minutes after thunder and lightning were last observed.

Emergency response procedures include: · Clearing the waterfront

area · Emergency care of the victim · Contacting emergency personnel · Crowd control · Meeting and guiding emergency personnel to the site and/or victim · Directing traffic · and Drills for emergency response situations

Host or designee will organize members to seek lost bathers. A lifeboat at the waterfront will be used to locate lost bathers.

The emergency phone is located in the main lodge. Its number is 845-351-4135. The camp address is 410 Seven Lakes Drive, Sebago Beach 3, Haverstraw, NY. The ADK is in Rockland County, not Orange County. This is relevant for 911 responders.

In all emergencies The Chapter Chair will be in charge, if the Chapter Chair is not present, then any Board member, followed by the Host. The Chapter Chair will designate a member for crowd control and ongoing management of the facility.

Evacuation will be by the camp road to Seven Lakes Drive.

The Chair or designee will direct emergency vehicles from the Seven Lakes Drive to the camp.

Who is responsible at your facility for maintaining the required daily records, including the injury/ illness log? Host

The Chapter Chair or designee will report any injuries, deaths and communicable diseases at SB3 to the DOH as soon as possible, but within 24 hours.

The Host will review safety procedures as outlined above, on a weekly basis, when the waterfront is used.